# **Common Expectations for Mentors**

## **Checklist of Functional Expectations for Mentors:**

 Role modeling of appropriate professional attitudes, values and behaviors, such as:

> How to develop and maintain a professional network How to negotiate a difficult conversation with a colleague

### • Providing advice for:

Strategies for handling difficult work situations The merits of serving on particular committees Finding and securing resources Suggestions for balancing "work and life"

#### · Reviewing work and career progress by:

Reviewing goals, plans, and performance reviews

#### Advocating for the mentee's success by:

Showcasing mentee's work/accomplishments
Recognizing talents
Providing opportunities for participation in professional activities
Providing access to key people and resources

#### • Offering encouragement by:

Demonstrating enthusiasm and confidence in the mentee's successful future Conveying positive regard
Serving as a sounding board
Providing a forum in which the mentee is encouraged to talk openly about anxieties and fears
Providing moral and emotional support
Giving positive feedback

#### Keep confidences.

Keep the content of your discussions within the relationship confidential. All exchanges, both personal and professional, are subject to the expectations of professional confidentiality.

Adapted from: Bland, C.J., Taylor, A.L., Shollen, S. L., Weber-Main, AM, Mulcahy, P.A. (2009). Faculty Success Though Mentoring: A guide for mentors, mentees, and leaders. New York: Rowman & Littlefield Publishers. pp. 81-84.

